

IMPACT

REPORT

2022



Outreach

OUR MISSION

Out Youth promotes the physical, mental, emotional, spiritual, and social well-being of sexual and gender minority youth so that they can openly and safely explore and affirm their identities.



**from
Aubrey
Wilkerson,
Executive
Director**

The positive changes over the 19 years, from when I started at Out Youth as a college intern, are nothing short of miraculous. This community and our society have come so far to affirm LGBTQIA+ young people, and yet we still have much further to go. But when the rainbow on the horizon seems far off, I find encouragement by looking back at how far our supporters have taken us:

- *from the donor who gave us the down payment to buy the Blue Bungalow,*
- *to the donor who paid off that mortgage,*
- *to the foundations, businesses, and supporters along the way that funded our team's growth to 15 staff members serving over 1,200 youth.*

The future is bright, family. Enjoy this Impact Report as evidence of the bright beacon of hope you provide.

DROP-IN PROGRAM

AT OUR COMMUNITY CENTER



1,273 YOUTH SERVED IN
2022

554 HOURS SPENT
AT DROP-IN

9-12 AGE OF PRE-TEEN
DROP IN

13-17 AGE OF TEEN
DROP IN

18-25 AGE OF YOUNG ADULT
DROP IN

"It just makes you feel like you belong somewhere. There's people like you out there. You're not alone." Ace, 14, It/He/They

"I feel like Out Youth is a great place to just be around people like yourself."

Ash, 9, They/She



COUNSELING SERVICES

INDIVIDUAL COUNSELING

In 2022, Out Youth expanded our individualized counseling services to children and preteens, ages 5–11, making clients eligible for our services from ages 5–23. Last year, we were able to provide 2,533 counseling sessions to our 205 unique clients, including 129 new clients, at the accessible cost of \$0–10.

CAREGIVER SUPPORT GROUP

The 6-week Caregiver Support Group provides parents and caregivers a forum for sharing, support, and education. In 2022, we held 62 family sessions to caregivers of LGBTQIA+ youth in Central Texas.

60% of clients qualify for free counseling

\$1.4M

The market value of all individual and group counseling sessions provided to clients at the accessible cost of \$0–10

97%

of clients surveyed agreed or strongly agreed with the statement:

"I feel more supported than I did before I started counseling."

100%

of clients surveyed agreed or strongly agreed with the statement:

"My counselor understood and respected my cultural identities and beliefs throughout our counseling relationship."

SCHOOL-BASED SERVICES

GROUP COUNSELING

Serves 6th- to 12th-grade students in economically disadvantaged schools through our nonprofit partnership with Communities in Schools.

**174 STUDENTS
FROM 27 SCHOOLS
ACROSS 4 COUNTIES**

TEXAS GSA NETWORK

The Out Youth–sponsored group of GSAs (Gender & Sexuality Alliances), which connects and empowers LGBTQIA+ students and allies to make school communities safer and more affirming.

**1,600+ STUDENTS
IN 67 CLUBS**



Be a Beacon

Out Youth is proud to offer our professional development training for K–12 school-based staff on how to create supportive learning environments for LGBTQIA+ students.

In 2022, Be a Beacon provided training to 387 people, 2 schools/school districts, and 3 non-profit organizations



SOCIAL SERVICES

Out Youth supporters fund basic needs for our marginalized clients, such as grocery orders, gift cards, bus passes, hygiene items, and gender affirming clothing. We also provide social service case management to ensure clients are connected with public and nonprofit service providers who specialize in healthcare, food, housing, and employment.



\$24,000+

**WORTH OF GROCERY
STORE GIFT CARDS
PROVIDED**

366

**FOOD & HYGIENE
ORDERS FILLED**

200

**WINTER STORM
PREPAREDNESS KITS
DISTRIBUTED**



“I super appreciate y’all, thank you for everything you do. I know I say it every time I pick up [my grocery order] but I wanted to say it again... because without y’all I would have starved long ago.”
- Out Youth Food & Hygiene Program Recipient

ADVOCACY FOR EVERYONE



RACIAL IDENTITY

Asian/PI	3.7%
Black	9.2%
Latinx	19.9%
Multiracial	8.4%
N.A.	0.6%
Other/Unknown	9.3%
White	49.0%

SEXUAL ORIENTATION

Asexual	5.5%
Bisexual	22.5%
Gay	7.6%
Lesbian	9.5%
Pansexual	19.6%
Queer	5.5%
Questioning	6.5%
Straight	1.8%
Unknown	21.5%

GENDER IDENTITY & EXPRESSION

Female	20.7%	Cisgender	17.5%
Male	23.6%	Transgender	70.2%
Non-Binary	16.7%	Questioning	12.4%
Another Gender	9.8%		
Questioning	15.3%		
Unknown	13.8%		



QTBIPOC Needs Assessment for Central Texas

View the
videos &
presentation



In 2022, Black Trans Leadership of Austin (BTLA) and Out Youth completed a two-year community-led survey that addresses the lack of available data on the needs of Queer, Trans, Black, Indigenous, People of Color (QTBIPOC). Our survey of 50 Black and Afro-Latine transgender and gender-diverse individuals found that people in the QTBIPOC community face housing, transportation, employment, safety, and belonging disparities.



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