

### > OUR MISSION <-

Out Youth promotes the physical, mental, emotional, spiritual, and social well-being of sexual and gender minority youth so that they can openly and safely explore and affirm their identities.



from
Aubrey
Wilkerson,
Executive
Director

## 6666666666

The positive changes over the 19 years, from when I started at Out Youth as a college intern, are nothing short of miraculous. This community and our society have come so far to affirm LGBTQIA+ young people, and yet we still have much further to go. But when the rainbow on the horizon seems far off, I find encouragement by looking back at how far our supporters have taken us:

- from the donor who gave us the down payment to buy the Blue Bungalow,
- to the donor who paid off that mortgage,
- to the foundations, businesses, and supporters along the way that funded our team's growth to 15 staff members serving over 1,200 youth. The future is bright, family. Enjoy this Impact Report as evidence of the bright beacon of hope you provide.

# DROP-IN PROGRAM AT OUR COMMUNITY CENTER

9-12 AGE OF PRE-TEEN DROP IN 13-17 AGE OF TEEN DROP IN 18-25 AGE OF YOUNG ADULT DROP IN 1273 YOUTH SERVED ANNUALLY

HOURS SPENT AT DROP-IN

"It just makes you feel like you belong somewhere. There's people like you out there. You're not alone."

Ace, 14, It/He/They

"I feel like Out Youth is a great place to just be around people like yourself."

Ash, 9, They/She



## GOUNSELING

SERVICES

#### **INDIVIDUAL COUNSELING**

In 2022, Out Youth expanded our individualized counseling services to children and preteens, ages 5–11, making clients eligible for our services from ages 5–23. Last year, we were able to provide 2,595 counseling sessions to our 205 unique clients, including 129 new clients, at the accessible cost of \$0–10.

#### **CAREGIVER SUPPORT GROUP**

The 6-week Caregiver Support Group provides parents and caregivers a forum for sharing, support, and education. In 2022, we held 62 family sessions to caregivers of LGBTQIA+ youth in Central Texas.

60% of clients qualify for free counseling

## \$1.4M

The market value of all individual and group counseling sessions provided to clients at the accessible cost of \$0–10

97%

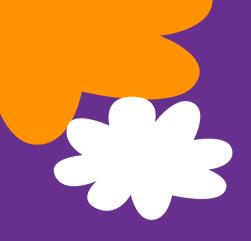
of clients surveyed agreed or strongly agreed with the statement:

"I feel more supported than I did before I started counseling."

100%

of clients surveyed agreed or strongly agreed with the statement:

"My counselor understood and respected my cultural identities and beliefs throughout our counseling relationship."



## SCHOOL-BASED

**SERVICES** 

#### **GROUP COUNSELING**

Serves 6th- to 12th-grade students in economically disadvantaged schools through our nonprofit partnership with Communities in Schools.

> **174 STUDENTS** FROM 27 SCHOOLS **ACROSS 4 COUNTIES**

#### **TEXAS GSA NETWORK**

The Out Youth-sponsored group of GSAs (Gender & Sexuality Alliances), which connects and empowers LGBTOIA+ students and allies to make school communities safer and more affirming.

> **1,600+ STUDENTS IN 67 CLUBS**



#### **Be a Beacon**

Out Youth is proud to offer our professional development training for K-12 school-based staff on how to create supportive learning environments for LGBTQIA+ students.

In 2022, Be a Beacon provided training to 387 people, 2 schools/school districts, and 3 non-profit organizations



## SOCIAL \*

#### **SERVICES**

Out Youth supporters fund basic needs for our marginalized clients, such as grocery orders, gift cards, bus passes, hygiene items, and gender affirming clothing. We also provide social service case management to ensure clients are connected with public and nonprofit service providers who specialize in healthcare, food, housing, and employment.



O'der Online.

O'der

\$24,000+

WORTH OF GROCERY
STORE GIFT CARDS
PROVIDED

366
FOOD & HYGIENE
ORDERS FILLED

ZUU
WINTER STORM
PREPAREDNESS KITS

DISTRIBUTED

"I super appreciate y'all, thank you for everything you do. I know I say it every time I pick up [my grocery order] but I wanted to say it again... because without y'all I would have starved long ago."

- Out Youth Food & Hygiene Program Recipient



## ADVOCACY

**FOR EVERYONE** 

### RACIAL IDENTITY

Asian/PI 3.7%
Black 9.2%
Latinx 19.9%
Multiracial 8.4%
N.A. 0.6%
Other/Unknown 9.3%
White 49.0%

### SEXUAL ORIENTATION

Asexual	5.5%
Bisexual	22.5%
Gay	7.6%
Lesbian	9.5%
Pansexual	19.6%
Queer	5.5%
Questioning	6.5%
Straight	1.8%
Unknown	21.5%

#### GENDER IDENTITY & EXPRESSION

Female	20.7%	Cisgender	17.5%
Male	23.6%	Transgender	70.2%
Non-Binary	16.7%	Questioning	12.4%
Another Gender	9.8%		
Questioning	15.3%		
Unknown	13.8%		

## **QTBIPOC Needs Assessment** for Central Texas

In 2022, Black Trans Leadership of Austin (BTLA) and Out Youth completed a two-year community-led survey that addresses the lack of available data on the needs of Queer, Trans, Black, Indigenous, People of Color (QTBIPOC). Our survey of 50 Black and Afro-Latine transgender and gender-diverse individuals found that people in the QTBIPOC community face housing, transportation, employment, safety, and belonging disparities.



**←** View the videos & presentation



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